

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	605	Fuchs, Maik	AMC Wittgenstein Bad Berl	00:31.64		00:31.74		01:03.38	30
2	3613	Wagener, Marco	OC Siegerland-Nord	00:32.26		00:32.23		01:04.49	27
3	3708	Mc Bride, Jan	MSC Oberruhr Velmede	00:32.46		00:32.10		01:04.56	24
4	3421	Siscaro, Giuseppe	Olper AC	00:32.61		00:31.98		01:04.59	22
5	3716	Steinmann, Johannes	MSC Oberruhr Velmede	00:32.83		00:32.02		01:04.85	20
6	4506	Marques, Fabio	MSC Süd Sauerland	00:33.00		00:31.86		01:04.86	18
7	619	Schaller, Manuel	AMC Wittgenstein Bad Berl	00:32.21	2	00:31.72		01:05.93	16
8	3407	Grabert, Peter	Olper AC	00:33.55		00:32.78		01:06.33	14
9	614	Rahrbach, Nico Jannis	AMC Wittgenstein Bad Berl	00:33.12		00:33.39		01:06.51	13
10	4513	Dumke, Patricia	MSC Süd Sauerland	00:33.43		00:33.24		01:06.67	12
11	3125	Andrzejewski, Lars	MSC Oenetal	00:32.74		00:32.25	2	01:06.99	11
12	1016	Obenlüneschloß, Sabrina	AMC Burbach	00:32.58		00:32.74	2	01:07.32	10
13	626	Werner, Fabian	AMC Wittgenstein Bad Berl	00:33.23		00:32.31	2	01:07.54	9
14	3726	Böckmann, Leon	MSC Oberruhr Velmede	00:32.93		00:32.67	2	01:07.60	8
15	3611	Neuhaus, Ann-Christin	OC Siegerland-Nord	00:33.19	2	00:32.43		01:07.62	7
16	3528	Teipel, Verena	MSC Schmallenberg	00:33.84		00:34.13		01:07.97	6
17	4311	Puche, Michelle	AC Hohenseelbachkopf	00:33.57	2	00:32.44		01:08.01	5
18	3116	Oster, Steffen	MSC Oenetal	00:33.47		00:34.55		01:08.02	4
19	4904	Kohls, Maurice	Kiersper RC	00:33.23		00:33.05	2	01:08.28	3
20	3507	Spieler, Steffen	MSC Schmallenberg	00:34.73		00:32.44	2	01:09.17	2
21	110	Knecht, Patrick	MSC Altena	00:34.78		00:34.44		01:09.22	1
22	4727	Kaiser, Lars	MSC Oeventrop	00:33.58	2	00:32.31	2	01:09.89	1
23	4907	Müller, Stefan	Kiersper RC	00:34.29		00:33.91	2	01:10.20	1
24	3401	Kolodziej, Dustin	Olper AC	00:33.78	2	00:34.77		01:10.55	1
25	3504	Wüllner, Dennis	MSC Schmallenberg	00:34.48	2	00:34.77		01:11.25	1
26	3536	Leidorf, Jessica	MSC Schmallenberg	00:35.58		00:35.80		01:11.38	1
27	1220	Stoll, Robin	MSF Cobbenrode	00:33.22		00:32.41	6	01:11.63	1
28	418	Rademacher, Tobias	MSC Lennetal-Bamenohl	00:33.47	4	00:32.61	2	01:12.08	1
29	4722	Müntjes, Leon Lukas	MSC Oeventrop	00:32.15	2	00:32.54	6	01:12.69	1
30	4312	Kretzer, Alicia	AC Hohenseelbachkopf	00:34.52	4	00:35.50		01:14.02	1
31	4501	Korzeniowski, Pia Cathrin	MSC Süd Sauerland	00:34.80	2	00:35.97	2	01:14.77	1
32	2906	Leifert, Lucas	AMC Obernau	00:34.76	10	00:32.91		01:17.67	1
33	4509	Laux, Carolin	MSC Süd Sauerland	00:32.25	10	00:33.60	2	01:17.85	1
34	624	Stockmann, Corinna	AMC Wittgenstein Bad Berl	00:32.00	16	00:33.78		01:21.78	1
35	118	Malewski, André	MSC Altena	00:41.31	8	00:34.54		01:23.85	1