

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	4507	Marques, Julio	MSC Süd Sauerland	00:37.25		00:36.49		01:13.74	30
2	601	Biegler, Jens	AMC Wittgenstein Bad Berl	00:35.96		00:36.01	2	01:13.97	27
3	1032	Schon, Rouven	AMC Burbach	00:38.35		00:37.03		01:15.38	24
4	3410	Schneider, Tim	Olper AC	00:38.28		00:38.07		01:16.35	22
5	903	Günther, Jannik	Briloner AC	00:37.80		00:37.06	2	01:16.86	20
6	4508	Dumke, Timo	MSC Süd Sauerland	00:37.37	2	00:37.79		01:17.16	18
7	4307	Völke, Leon	AC Hohenseelbachkopf	00:37.45		00:38.25	2	01:17.70	16
8	2808	Müller, Leon	MSF Netphen	00:36.60	2	00:37.77	2	01:18.37	14
9	425	Schmidt, Andre	MSC Lennetal-Bameno hl	00:39.05		00:39.62		01:18.67	13
10	9052	Scholl, Kevin	MSF Kirchen	00:39.42		00:37.86	2	01:19.28	Gast
11	3122	Pott, Niklas	MSC Oenetal	00:38.07	2	00:37.48	2	01:19.55	12
12	2922	Heupel, Franziska	AMC Obernau	00:37.56		00:38.21	4	01:19.77	11
13	3616	Häusig, Lukas Marvin	OC Siegerland-Nord	00:39.80		00:40.03		01:19.83	10
14	907	Köster, Christopher	Briloner AC	00:38.56	4	00:38.12		01:20.68	9
15	2904	Schelhas, Vera	AMC Obernau	00:38.91	4	00:37.96		01:20.87	8
16	3602	Bierbaum, Tim	OC Siegerland-Nord	00:38.24	2	00:38.95	2	01:21.19	7
17	3502	Hertel, Philip	MSC Schmalle nberg	00:39.48	4	00:38.93	2	01:24.41	6
18	4313	Plate, Sven	AC Hohenseelbachkopf	00:41.39	2	00:41.57		01:24.96	5
19	2806	Piontek, Silas-Andreas	MSF Netphen	00:40.76	2	00:40.24	2	01:25.00	4
20	1026	Thanabalasingam, Janujan	AMC Burbach	00:35.87	2	00:36.56	12	01:26.43	3
21	3512	Mache, Brian	MSC Schmalle nberg	00:41.02	6	00:39.51		01:26.53	2
22	4512	Braukmann, Julian	MSC Süd Sauerland	00:42.31	2	00:42.26		01:26.57	1
23	3117	Janssen, Kevin	MSC Oenetal	00:39.02	2	00:40.29	6	01:27.31	1
24	1231	Hensel, Nicole	MSF Cobbenrode	00:41.53	4	00:40.19	4	01:29.72	1
25	3101	Sauer, Lars	MSC Oenetal	00:41.57	4	00:41.83	4	01:31.40	1
26	3523	Birlenbach, Florian	MSC Schmalle nberg	00:43.98	2	00:43.52	2	01:31.50	1
27	3418	Alfes, Nico	Olper AC	00:39.48	12	00:40.67		01:32.15	1
28	128	Selle, Philipp	MSC Altena	00:43.81	2	00:44.45	4	01:34.26	1
29	124	Schüssler, Karl Henrik	MSC Altena	00:43.71	6	00:44.68		01:34.39	1
30	4310	Schlosser, Alina	AC Hohenseelbachkopf	00:40.94	12	00:41.88	2	01:36.82	1
31	2901	Droese, Carlotta	AMC Obernau	00:44.09	2	00:44.99	6	01:37.08	1
32	1206	Schweigert, Gérard	MSF Cobbenrode	00:46.65	4	00:46.83	2	01:39.48	1
33	3409	Bauer, Maximilian	Olper AC	00:40.44	8	00:40.03	12	01:40.47	1
34	4901	Billhardt, Dennis	Kiersper RC	00:40.57	18	00:41.50	10	01:50.07	1

Zeitnahme:
Auswertung:

Schnellster Lauf: 00:35.96
(Biegler, Jens - 2 / 601)