

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3123	Bischopink, Alexander	MSC Oenetal	00:38.07		00:37.19		01:15.26	30
2	4511	Peuser, Shareen	MSC Süd Sauerland	00:36.83		00:37.06	2	01:15.89	27
3	3714	Smorra, Gina-Maria	MSC Oberruhr Velmede	00:39.47		00:39.19		01:18.66	24
4	901	Gross, Jan	Briloner AC	00:38.85		00:38.06	2	01:18.91	22
5	429	Bamberg, Damian	MSC Lennetal-Bamenohl	00:39.93		00:39.87		01:19.80	20
6	1006	Saar, Lukas	AMC Burbach	00:40.47		00:41.99		01:22.46	18
7	4516	Maas, Marc-Pascal	MSC Süd Sauerland	00:37.44	4	00:39.30	2	01:22.74	16
8	2805	Kleiner, Jan Robin	MSF Netphen	00:40.10	2	00:40.81		01:22.91	14
9	4502	Laux, Fabian	MSC Süd Sauerland	00:37.79	4	00:39.36	2	01:23.15	13
10	427	Springob, Yannic	MSC Lennetal-Bamenohl	00:41.53		00:42.36		01:23.89	12
11	1001	Eckhard, Lorenz	AMC Burbach	00:39.85		00:40.32	4	01:24.17	11
12	3408	Alba, Sandro	Olper AC	00:41.19	2	00:41.75		01:24.94	10
13	905	Risse, Bastian	Briloner AC	00:41.87	4	00:39.24		01:25.11	9
14	3724	Bunte, Jannik	MSC Oberruhr Velmede	00:41.16	2	00:42.00		01:25.16	8
15	902	Becker, Leon	Briloner AC	00:40.76		00:40.88	4	01:25.64	7
16	4314	Klappert, Nico	AC Hohenseelbachkopf	00:43.59		00:42.15		01:25.74	6
17	426	Brandt, Johan	MSC Lennetal-Bamenohl	00:38.42	4	00:38.01	6	01:26.43	5
18	3102	Sauer, Nils	MSC Oenetal	00:41.54		00:40.96	4	01:26.50	4
19	3414	Vogel, Lars	Olper AC	00:43.06		00:43.09	2	01:28.15	3
20	2801	Haarhoff, Maximilian	MSF Netphen	00:40.24	4	00:39.92	4	01:28.16	2
21	2813	Morbach, Joschua	MSF Netphen	00:39.01		00:39.82	10	01:28.83	1
22	1007	Knautz, Jeremy	AMC Burbach	00:42.05	2	00:41.16	4	01:29.21	1
23	2816	Fick, Markus	MSF Netphen	00:43.02	2	00:44.30		01:29.32	1
24	3727	Böckmann, Carlotta Pauline	MSC Oberruhr Velmede	00:40.76	6	00:41.08	6	01:33.84	1
25	1211	Effey, Tobias	MSF Cobbenrode	00:42.03	8	00:40.68	4	01:34.71	1
26	4505	Korzeniowski, Marc Luca	MSC Süd Sauerland	00:42.84	6	00:43.94	2	01:34.78	1
27	4315	Plate, Sophie	AC Hohenseelbachkopf	00:41.68	8	00:44.18	4	01:37.86	1
28	3107	Schüttler, Niclas	MSC Oenetal	00:51.07	4	00:44.20	4	01:43.27	1
29	3603	Baunach, Maximilian	OC Siegerland-Nord	00:47.49	2	00:47.73	8	01:45.22	1
30	3406	Maier, Maik	Olper AC	00:46.81		00:47.02	16	01:49.83	1
31	4303	Jung, Justin	AC Hohenseelbachkopf	00:42.35	14	00:43.27	12	01:51.62	1
32	101	Luthardt, Fabian	MSC Altena	01:02.47	6	01:08.21	4	02:20.68	1

Zeitnahme:  
Auswertung:

Schnellster Lauf: 00:36.83  
(Peuser, Shareen - 2 / 4511)