

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	601	Biegler, Jens	AMC Wittgenstein Bad Berl	00:39.18		00:39.65		01:18.83	30
2	1026	Thanabalasingam, Janujan	AMC Burbach	00:40.09		00:40.02		01:20.11	27
3	4507	Marques, Julio	MSC Süd Sauerland	00:39.97		00:40.16		01:20.13	24
4	3410	Schneider, Tim	Olper AC	00:40.82		00:41.10		01:21.92	22
5	627	Werner, Kevin	AMC Wittgenstein Bad Berl	00:40.97		00:41.17		01:22.14	20
6	4508	Dumke, Timo	MSC Süd Sauerland	00:40.09	2	00:40.23		01:22.32	18
7	2808	Müller, Leon	MSF Netphen	00:40.39		00:40.13	2	01:22.52	16
8	1032	Schon, Rouven	AMC Burbach	00:40.45	2	00:41.04		01:23.49	14
9	2922	Heupel, Franziska	AMC Obernau	00:41.79		00:42.04		01:23.83	13
10	903	Günther, Jannik	Briloner AC	00:40.95	2	00:41.21		01:24.16	12
11	3502	Hertel, Philip	MSC Schmallenberg	00:42.40		00:42.76		01:25.16	11
12	3122	Pott, Niklas	MSC Oenetal	00:40.52		00:40.79	4	01:25.31	10
13	2904	Schelhas, Vera	AMC Obernau	00:42.80		00:42.73		01:25.53	9
14	425	Schmidt, Andre	MSC Lennetal-Bamenohl	00:41.85	2	00:42.31		01:26.16	8
15	3418	Alfes, Nico	Olper AC	00:43.28		00:43.26		01:26.54	7
16	2806	Piontek, Silas-Andreas	MSF Netphen	00:42.71	2	00:42.02		01:26.73	6
17	3616	Häusig, Lukas Marvin	OC Siegerland-Nord	00:44.25		00:42.91		01:27.16	5
18	4313	Plate, Sven	AC Hohenseelbachskopf	00:44.36		00:43.77		01:28.13	4
19	1231	Hensel, Nicole	MSF Cobbenrode	00:44.12		00:43.22	2	01:29.34	3
20	4307	Völke, Leon	AC Hohenseelbachskopf	00:41.65	2	00:39.96	6	01:29.61	2
21	4901	Billhardt, Dennis	Kiersper RC	00:45.14	2	00:43.48		01:30.62	1
22	3512	Mache, Brian	MSC Schmallenberg	00:43.21		00:45.91	2	01:31.12	1
23	4908	Geers, Hermann	Kiersper RC	00:45.09	2	00:44.91		01:32.00	1
24	3523	Birlenbach, Florian	MSC Schmallenberg	00:44.63		00:46.00	2	01:32.63	1
25	4310	Schlosser, Alina	AC Hohenseelbachskopf	00:46.28		00:45.31	2	01:33.59	1
26	613	Fuchs, Katja	AMC Wittgenstein Bad Berl	00:44.28	6	00:44.12		01:34.40	1
27	3101	Sauer, Lars	MSC Oenetal	00:44.32	8	00:43.70	2	01:38.02	1
28	405	Wilmes, Andre	MSC Lennetal-Bamenohl	00:46.65	6	00:45.60		01:38.25	1
29	907	Köster, Christopher	Briloner AC	00:41.45		00:45.25	12	01:38.70	1
30	124	Schüssler, Karl Henrik	MSC Altena	00:54.26		00:47.23		01:41.49	1
31	1206	Schweigert, Gérard	MSF Cobbenrode	00:42.82		00:46.53	16	01:45.35	1
32	128	Selle, Philipp	MSC Altena	00:49.84		00:59.94		01:49.78	1
33	3602	Bierbaum, Tim	OC Siegerland-Nord	00:44.23		00:34.01	120	03:18.24	1

Zeitnahme:
Auswertung:

Schnellster Lauf: 00:39.18
(Biegler, Jens - 1 / 601)