

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	606	Koch, Tanja	AMC Wittgenstein Bad Berl	00:42.62	2	00:43.20	2	01:29.82	30
2	3604	Neuhaus, Alexander	OC Siegerland-Nord	00:45.51		00:45.06		01:30.57	27
3	3411	Springob, Jan-Philipp	Olper AC	00:44.50	2	00:44.46		01:30.96	24
4	3127	Blaschke, Justin	MSC Oenetal	00:47.51		00:47.61		01:35.12	22
5	401	Lorek, Sebastian	MSC Lennetal-Bamenohl	00:45.54		00:48.56	4	01:38.10	20
6	610	Fuchs, Nico	AMC Wittgenstein Bad Berl	00:46.15	2	00:46.77	4	01:38.92	18
7	1004	Lamma, Marvin	AMC Burbach	00:47.50	4	00:47.48		01:38.98	16
8	3522	Birlenbach, Nico	MSC Schmalleberg	00:49.71		00:49.30		01:39.01	14
9	1202	Wiese, Bea	MSF Cobbenrode	00:48.49	2	00:47.25	6	01:43.74	13
10	3508	Leidorf, Niklas	MSC Schmalleberg	00:51.40		00:52.69		01:44.09	12
11	3715	Klein, Marlon-Chayenne	MSC Oberruhr Velmede	00:54.41	6	00:52.04		01:52.45	11
12	2902	Engel, Paul	AMC Obernau	00:55.09	8	00:51.11	2	01:56.20	10
13	3619	Schönfelder, Maximilian	OC Siegerland-Nord	00:58.03	4	01:02.82		02:04.85	9
14	402	Fehr, Marc	MSC Lennetal-Bamenohl	00:50.09	14	00:52.43	18	02:14.52	8
15	4304	Schmal, Tim	AC Hohenseelbachskopf	00:55.74	8	00:57.69	14	02:15.43	7
16	2810	Huhn, Alexander	MSF Netphen	00:47.39	2	01:08.07	20	02:17.46	6
17	3503	Schmidt, Kevin	MSC Schmalleberg	01:12.23	6	01:02.78	4	02:25.01	5
18	9002	Luig, Marco	MFC Portugale Suttrop	00:58.57	10	01:01.92	28	02:38.49	4

Zeitnahme:
Auswertung:

Schnellster Lauf: 00:44.46
(Springob, Jan-Philipp - 3 / 3411)